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Having lived in this glorious country for 22 years now, I can honestly say I have never experienced a continuous spate of fabulous weather similar to what we have recently

enjoyed in May. I hope the Queen's Jubilee weather will be equally superb; 60 years on the throne and HRH deserves a bit of sunshine for her big celebrations.

In Haworth the 1940's weekend went off without a hitch this year thanks to a dedicated team who were committed to making it happen. It is clearly a big event to undertake by non professionals and one that will

need advanced planning to ensure the whole community benefits in future. On pages 16/17 we put together a roundup of the event.

Congratulations to Welcome to Yorkshire for their Bronte inspired double award winning garden at Chelsea Flower Show this year (p20,21) We are so fortunate to have this awesome landscape as the backdrop to our lives; it is easy to become complacent. Let's hope the favorable publicity brings new visitors to the region.

Save the dates for Keighley Festival next month and watch out for more details in the local press.



Liz Barker



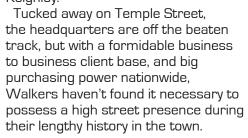


Say you saw it in the Aire Valley Mag!

Walker Office Products Ltd Invest in Growth

Andrew Walker of Walker Office Products Ltd. in Keighley with his new fleet vehicle. "We're investing in the future despite the current economic climate."

Nearing their 35th anniversary, Walker Office Products are undoubtedly the premier choice for office supplies and office furniture in Keighley.



With some businesses in the retail stationery and office supply sector finding it especially tough trading this year, it is worth noting that Walker Office Products cater to both wholesale and retail customers and can offer door to door service and convenient online ordering. Both small and large orders can be expedited within 24 hours and often delivered the next day anywhere on mainland UK.

Quality of service is a large part of what makes Walkers a successful and enduring local company. That, in



addition to an unrivaled diverse stock range, warrantees on products purchased, and special deals and bespoke pricing, makes Walkers the stationery and office furniture supplier of choice in Keighley.

Andrew Walker, son of founder John Walker, and MD of the current company, recently confirmed his commitment to investing in the business and its future growth plans with a recent investment in new company delivery vans. "We are here to stay. It made good sense to invest and prepare for the future."

When so many others are going out of business Andrew is modeling a successful way ahead.

If you are looking for a local company to supply your office stationery and equipment no matter how small or large, **contact**

Andrew and his team on 01535 600718or visit Walker's website: www.walkeroffice.co.uk

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Ashmount

The award winning Drawing Room at Ashmount Country House is now open to non residents. Why not join us for a taste of the food that made Yorkshire great?

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- ✓ The Aire Valley Mag is a FREE monthly door-to-door magazine distributed to the villages of Silsden, Steeton, Eastburn, Sutton, Crosshills and Glusburn, as well as Keighley town centre. It has over 20,000 readers!
- ✓ The magazine is also available at local shops, post offices, community bases and tourist points.
- ✓ For added benefit, the magazine, including your business, will appear ON-LINE every month for FREE
- √ The cost of being included in the magazine starts at just £29.66
 per month, which is incredible value for money...that's 97p per day!
- ✓ Do you want to increase your business?...Get your promotional activity sorted for the year...ask about our special annual rates

"Advertising in the local community magazine is certainly bringing the work in. It's the best form of advertising I've come across. I get more business out of it than any other type of advertising I've used. What I particularly like about the mag is that it's a local service for local people."

Paul Cannon, PC Consulting.

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If you've invested in a digital camera, but don't feel to be getting the most out of it, improve your results by investing in a little bit of

Photographic Tuition



Paul Barker is a professional photographer with almost 25 years experience working for the UK national media and international news agencies. More recently you may have seen his work in the Haworth Calendars.

"Everyone has got a few great pictures in their collection, but when I ask them to be really honest, most come clean and say that they are 'happy accidents', where everything looked great and the camera behaved itself."

For every brilliant snap, there are dozens of failures, but it doesn't have to be like that. A little knowledge goes a long way to helping overcome more difficult situations, and a few simple tips about composing and framing can make all the difference between a snapshot and a great picture."

Forthcoming courses

3 hour introductory sessions
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4 week course covering technical aspects,
composition, portraiture
July 15th-August 5th

For more information call 07830 207123 or email paul@paulbarker.com

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KEIGHLEY FESTIVAL

Fri 6th -Fri 13th July

Art ★ Music ★ Drama ★ Dance ★ Sport ★ Film











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Keighley Festival began in the mid-eighties as a folk-orientated music festival that soon spread its wings into a community festival featuring many different forms of entertainment. It has always stuck to the ethos of being a festival for the people, and it is possibly because of this that it has often been overlooked by newspapers and magazines when writing up the big summer events: rival festivals have often gone for attracting big names in order to impress, or grab headlines, but Keighley has always said it is a community event, and the stars are Keighley people.

"It's true that we don't attract big names, but that's not because we can't attract them; we simply don't want them. Keighley has all the talent it needs: we've got artists, sportsmen, musicians and dancers – why would we need to bring in outside talent?" – Malcolm Hanson

Why indeed? When Keighley puts on a show it's all about numbers: every year literally hundreds of children attending an average 20 schools come together to perform or paint in the two "flagship" children's events, "One Amazing Night" – an all singing, all dancing extravaganza at Keighley's Victoria Hall, and the annual "Schools' Challenge" art exhibition. Add to this all the adults that appear in anything up to 60 other events and the roster of performers touches the 1000 mark.

"We have a whole series of rock shows, theatre productions, sporting competitions and large-scale outdoor events such as the KASA sports tournaments at Marley Stadium and University Academy. Then there's the annual Keighley Festival of Transport

at Keighley College Campus, and steam events at Ingrow. Add to that all the smaller events such as knitting competitions, local film festivals, galas, talks and walks and you have an amazing line-up." – Malcolm Hanson.

But budget cuts almost killed the festival outright when in 2011 the event lost its entire budget. It is still a mystery as to exactly what happened, and it left the small band of volunteers looking into a void: should they throw in the towel, pack up and go home, or fight? The answer was to fight, without new funding and using only a very small amount of money left over from 2010. A modest festival took place, but it left the organisers in no doubt what they would do next:

"Once the money had gone we had nothing left to lose – so we went for the throat. We had a meeting with a funding official who wanted to know how many people performed in the festival and we said we simply did not know. How could we? It must be a thousand or more! We then told that person that we were making preparations to "retire" from running the event in future and then challenged that Bradford Council (through the official) to put the festival on instead of us and/or face the consequences of a backlash from all those performers if they didn't. We very quickly got our grant back – and rightly so!"

So we come to the 2012 Keighley Festival of Art, Sport, Music and Dance, and festival organisers are sticking to their guns regarding no VIP acts. But to be honest, that's not really true, for as Malcolm explains: "There are about a thousand VIPs actually – and they all come from Keighley!"

Say you saw it in the Aire Valley Mag!

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Faced with legally binding commitments to reduce carbon

emissions, there is a pressing need for the UK Government to ensure that housing stock is improved from an energy efficiency perspective.

As a consequence of this, The Green Deal, a government initiative to facilitate the reduction of carbon emissions, has been devised to assist residential and commercial properties.

Local business, Therma Property Improvements Ltd., is gearing up to provide an array of Green Deal services through thegreendealhub.co.uk.

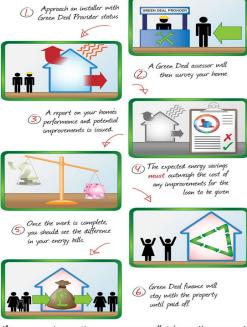
The aim of Green Deal is to encourage home energy efficiency improvements to be paid for by savings from energy bills. It will also apply to commercial premises.

It is a pay as you save scheme whereby Green Deal Finance customers get money up front to make the required energy efficiency improvements.

The Golden Rule

The fundamental of Green Deal Finance is the so called Golden Rule. This is that the installment payment for energy saving measures must not exceed the potential associated cost savings for the property based on an average bill for the duration of the Green Deal. This could be for as long as 25 years. On a change of occupier, the obligation to make the repayments passes to the new bill payer.

How will Green Deal Finance Work? Under Green Deal Finance private firms like Therma Property Improvements will offer consumers energy efficiency improvements at no upfront cost and recoup payments through a charge paid by installments on the energy bills. Consumers will be able to see the Green Deal charge alongside the reductions in energy use which generates savings on their bills. On a change of bill payer then the next bill payer takes over.



If you move house, the new owners will take on the payments.

There will be a system of Green Deal providers who offer a Green Deal plan to customers enabling them to finance work recommended by an accredited advisor and undertaken by an accredited installer. Therma Property Improvements with thegreendealhub.co.uk will work with a consortium of accredited businesses to meet the needs of the local consumer.

What measures can be carried out under the Green Deal

There will be a list of approved measures eg. loft insulation, cavity wall insulation, replacement boiler etc. The initial property assessment will decide which are suitable for the particular property.

It is still early days for the scheme which is due to launch in October, but we will publish information related to The Green Deal in the months ahead as details unfold. In the mean time, contact Paul Calvert from Therma to learn more. 01274 214557 or 07541 368702

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Departs 23rd Nov 2012 from Keighley

Browse around the pretty stalls selling array of handmade Christmas decorations, gifts, chocolates and lace as well as tasty local delicacies and warming glasses of glühwein.

What's Included • Included visits to Brussels & Bruges Markets. • Two nights accommodation on a bed and continental breakfast basis. • Return executive coach travel and return channel crossing.

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Just chillin

Providing a stress free environment for your feline friends

As with people, changes in their lives can cause cats to become stressed. Situations that lead to stress are invariably

linked to your cat's 'home' environment both inside and outdoors. Haworth Cat Rescue explains some of the causes - and remedies.

Something as seemingly innocuous as buying a new piece of furniture to more obvious causes from the arrival of a new baby, a new cat, the loss of a family member (divorce, death, a It isn't too difficult to see that this furry fellow teenager leaving home) to hasn't a care in the world dogs coming to the area where you live and - possibly one of the most stressful for both humans and cats

As well as 'visible' causes of stress which can more easily be identified, there are 'invisible' causes too, possibly incidents that occur unbeknown to. Your cat may have been spooked by a loud vehicle (lowflying aeroplane, reversing beeps etc), frightened by a new cat in the area, or chased by someone or something outside the home. Even washing suddenly flapping on a line might have startled him. Whatever the cause, the first thing to

- moving house, can lead to stress in your

be aware of are changes in your cat that are signs or symptoms of stress. Overgrooming (often resulting in hair loss), inappropriate toileting (spraying and

using corners or doorways and cat flaps where other cats/people come in), hiding (especially in high places, dark places and places covered by a "roof" such as under a bed) and an inability to relax (staring around wide-eyed) are all clear indicators that something is not right and all is not well in your cat's world.

The good news is, there are ways to minimise and manage your cat's stress

> to help him adjust to the new situation or provide the reassurance needed to overcome a negative experience.

A key to starting this process is to give your cat a 'safe place'. At Haworth Cat Rescue we use a covered cardboard box. lined with warm blankets, which has placed on the shelf of the

only one access and which is sleeping area of the pen.

You can find your own 'high up' place for this, such as the top of a chest of drawers. Cats like to be 6 degrees warmer than humans, and warmth is very reassuring to a cat - they love lying in the sun and sitting close to radiators. You could invest in a microwave heat pad for your cat. If other pets or a new a baby is the problem, then feed the cat away from them and place the litter tray in a safe place, too.

Don't over fuss your cat. Practice slow blinking (don't stare); by closing your eyes you are telling him you don't see him as a threat so he will not see you as one! Remember to be patient and kind...and let your cat regain lost confidence and come to you.

Haworth Cat Rescue is an independent charity which runs a rehoming and adoption service for unwanted and stray cats and kittens. www.haworthcatrescue.org

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TOP TECH TIPS by Michelle Thompson at Cloudfree IT

Love Computers? Hate Webcams!

It's a Godsend being able to work at home when I need peace, quiet and solitude in which to think my way through a tricky problem. If I get fed up of the lack of human interaction I can use a webcam to talk with my colleagues.

Sadly, talking face-to-face across the ether is not really my idea of a good time. Is it because actually deep down 'I vant to be alone'? Hmm, maybe, sometimes... [And there may be one

or two people who might like to deposit me on a remote Scottish Island one week in four). With my 'significant other'/business partner working out of town quite a lot and most of my family living 30+ miles away, you

might think I'd be just the sort to make heavy use of webcams. Nope!

Having discussed this 'failing' with my teenage sons it appears I might have slipped onto the wrong side of the generation gap, probably while I was making a phone call to HMRC and concentrating on not getting trapped forever in their Labyrinth-like autoattendant menus. Oops!

My excuse? Eye contact; or rather the lack thereof. It's like the person I'm talking to isn't paying attention. If I look into the webcam I'm no longer looking at them. If they try looking into the webcam I know they're not actually looking at me on their screen anymore. And I can see myself too. Ugh! It's just too weird!

Google 'Webcamophobia' and you'll see I am not alone.

Kids don't have a problem with speaking to someone who looks bored out of their wits and is staring down at their keyboard. So much effort goes into hiding their eyes anyway (under all that hair!). My youngest son says it's creepy when the other

person does look into the webcam. See the Creepy Weirdo clip used by Russell Howard http://youtu.be/bhuYlr1J1zc to get a feel for what he means.

All I can offer fellow 'webcamophobes' is the following advice.

Try sitting further away from your screen. Position the video-chat window and your webcam as close together as possible. Or why not have a go at building yourself one of the gadgets in the pictures – just two mirrors, some thick cardboard and a load of gaffer tape!

I feel a bit of a Blue Peter style DIY session, just so's I can wind the kids up with Creepy Weirdo faces! In 2007 Apple filed a patent for a screen embedded webcam, so someday they'll 'fix for me' properly. Til then Up-Periscope!

14



This is a cake I've made up for Russell, a colleague I bumped in to in the Co-op and who mentioned in passing his fondness for a nutty coffee cake.

It's not a pretty cake, but it does taste grand, if I do say so myself. You will need:

100g + 50g toasted chopped hazelnuts 3 eggs

150g sugar - soft brown, plus 9 tbsp more sugar 100g melted butter

100g – 150 g soured cream – plus the rest of the pot to serve with the cake

2 teaspoons vanilla extract

Some good strong instant coffee powder

300g plain flour

2 teaspoons baking powder

2 tablespoons runny honey

A deepish baking tin (the sort you would make a Christmas cake in), lined with baking parchment or greaseproof paper

An electric mixer is really useful too and you will need a barbeque skewer.

Whip the eggs and the 150g of sugar until thick and creamy. While it's whipping, melt your butter, and then in a separate

container dissolve 2 tablespoons of instant coffee with one tablespoon of hot water. Add the sour cream and the coffee mixture and the melted butter into the eggs and sugar, and mix in well, and then sieve in the flour and baking powder. Just fold the flour into the mix with a spoon, in a figure of eight until it's all mixed in and there aren't any runny bits of coffee left. Put into the baking tin and cook for about 40 minutes at around 150 (fan), gas mark 4-5, or the bottom of the top oven of an aga - it's done when you can put a skewer in and it comes out dry. While it's cooking, wash up and then dissolve three tablespoons of coffee. 3 tablespoons of sugar and the runny honey in about 2 tablespoons of hot water. It should make a thick syrup.

When the cake comes out, before it cools make lots (about 50-100) of holes in the cake with a skewer and pour the coffee honey syrup over the top little by little so most of it goes down the holes. Let it cool a little longer until the syrup has dried to a glaze, and then take it out of the tin and put the right way up, in its paper on a cooling rack.

Finally, put another 6 tablespoons of sugar in a small pan with 2 tablespoons of cold water. Bring to a rolling boil (you'll know what this means when you see it), and let it bubble merrily for a few minutes, but stir occasionally so it doesn't become part of your saucepan forever. Then add the last 50g (or more if you like) hazelnuts and stir well until coated. While this and the cake is still warm, top the cake with the caramelised nuts, and leave as long as you can to cool. I've no idea whether this is better the next day (as many such cakes are) as it's not yet lasted that long. NOL

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Cheers to the local community that made the 1940's weekend a success!

As reported in the press earlier this year, the Haworth 1940's weekend event that historically takes place in May every year was at risk of being cancelled.

A community meeting was held and those present, including traders and local people, asked if Chris Upton, the West Lane Baptist minister and a recognised community leader, would take charge of the event and put it on a different footing for the benefit of the whole community going forward.

With that in mind Chris put a team together and set about pulling the event in to shape in record time. The formation of a new non-profit enterprise, Haworth Community Group Ltd. was formed to cover the risks associated with putting on an event of this scale. The focus of Haworth 1940's weekend was also shifted to contributing to local community groups and associations in the Worth Valley and raising money for charity in addition to the vital trade local businesses rely on as a consequence of the swell in visitors to the

village. Incorporating the community and showcasing Haworth to visitors was an agreed objective, and judging from the feedback, the event was very successful indeed. Another key objective was to manage the traffic and overall safety of all participants. The feedback from the emergency services has been mainly favourable and a detailed debrief will take place in the weeks ahead to take on board any lessons learned.

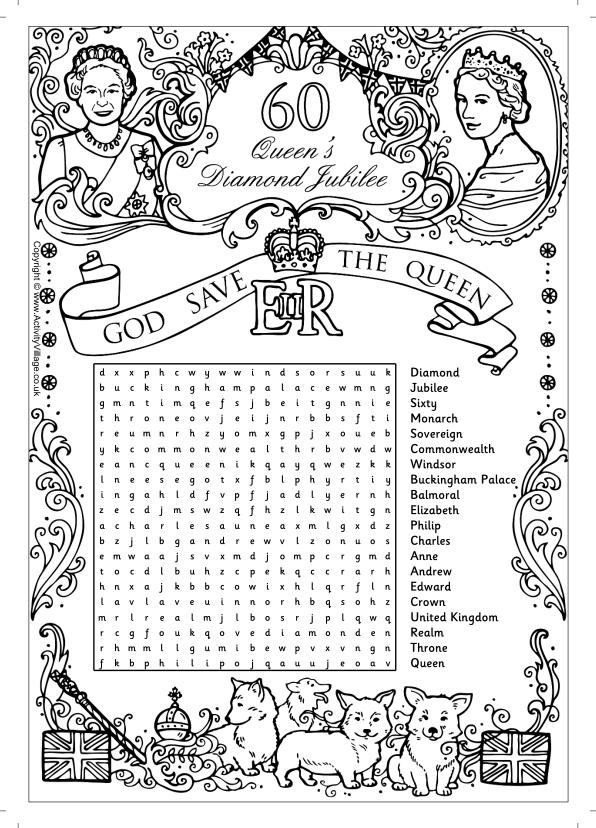
Over £10,000 was raised for the national charity Help For Heroes and an equal amount was raised for a number of local groups and associations who were able to participate.

The committee were keen to acknowledge a significant amount of good will and support from local people and business owners in the Worth Valley and beyond, without whom the event would have failed. Further meetings will be held to gain feedback for next year's event and all are welcome to email Nikki Carroll with any further thoughts firthsofhoworth@hotmail.co.uk

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Where in the Aire Valley?

Can you identify the building or landmark indicated by the red cross in this photograph?

This months prize is generously donated by

Keighley & Worth Valley Railway
Day Rover Pass

Email your answer to:
mail@worthvalleymag.co.uk
The winner will be selected from all correct
answers received by June 20th 2012



Last month's winner was Adrian Lunn The correct answer was The Nightingale. Adrian wins a 2 hour clean from Arkwrights Google Earth ©



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A magical garden, inspired by a familiar local landscape and the famous sisters who seem to inhabit the very air we breathe here in the Yorkshire, has swooped two coveted awards at the Chelsea Flower Show this year.

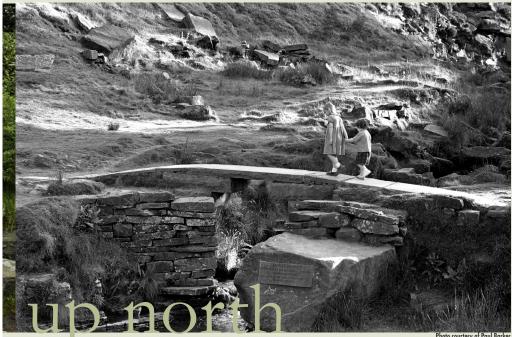
Welcome to Yorkshire, the tourist agency that works 24/7 to spotlight God's own county throughout the land, organised the garden and worked closely with Leeds designer, Tracy Foster, to bring home the gold that is the Royal Horticultural Society gold medal. The enchanted Bronte garden went on to win the People's Choice award as well, the gratifying result of over 11,000 folk giving the garden a thumbs up.

Simply over the moon, Tracy enthused,

"My first Chelsea and I get gold, it doesn't get much better than this! I'm so proud of what we have achieved. I hope the high profile medal inspires more people to come to Yorkshire to see for themselves the landscape that brought gold to the garden."

Fortunately we don't have to wade through the crowds at Chelsea to experience the beauty that is captured in this award winning garden.[pictured above] A short walk from Haworth out along the path that leads to Top Withens will take us across the Bronte Bridge that evokes such strong emotion.

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Stanbury photographer Paul Barker captured the same idyllic landscape in black and white when he took this photo of his children crossing the bridge hand in hand (above). Indeed, many local people will have picnicked by the river or walked further to the famous locations described in the Bronte novels.

Perhaps it is too easy to become complacent about the splendor that surrounds us? And the literary giants that trod the very paths we beat are often overlooked and undiscovered because of their nearness.

It is refreshing to have a reminder from our Southern friends just how good it is up North.



Photo courtesy of Welcome to Yorkshire

Welcome to Yorkshire chief, Gary Verity, and garden designer, Tracy Foster accept the highly prized Gold Medal Award at The Chelsea Flower Show in May.

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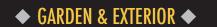


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You can use these Free Listings
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Skipton Friendship Group

A social group for active over 50's. The programme includes a monthly meeting with talk at Broughton Road Community Centre, Skipton, theatre trips, meals out, coffee mornings, book club and walks, plus an annual day trip. Further details may be obtained from the membership secretary on 01756 700992.

Saturday 2nd June HM Queen's Diamond Jubilee Celebration-Church Green,

Keighley.1950s Music on Church Green Display of 1950s clothes & Coronation Film + Haworth Brass Band Civic Centre North Street

Saturday 2nd June Silsden Diamond Do,

12pm Silsden park, Silsden BD20 OJH A free event to celebrate the Queen's Diamond Jubilee. Seven acts in a large marquee, a funfair, food and a beer tent.

Saturday 2nd June HM Queen Diamond Jubilee Service, 4.15pm, Keighley Shared Church, Church Street, Keighley. For more information contact Rev Peter Mott 01535 601499

Sunday 3rd June 'The Big Jubilee Lunch' Alice Street Party. Alice Street, Keighley. For more information contact 01535 618252

Sunday 3rd June Traditional Sunday Lunch on a steam hauled train. Sunday lunch on the Keighley and Worth Valley Railway. For bookings call 01535 645214.



Friday 8th June 'Guided Bat Walk',

departing from Cliffe Castle, Keighley. For more information please email philiprushworth@ hotmail.co.uk

Saturday 9th June Meditation Workshop

'Free Your Mind' 10am-1pm Buddha Land Centre, 1 Lawkholme Crescent, Keighley BD21 3NR Cost £10 For more information or to book please contact the centre. 01535958189

www.enjoymeditation.org

Saturday 9th June Silsden and Rombalds Moor guided walk, 10am meet at Steeton and Silsden Station (south side ramp) A 9.5 mile moderate walk with Richard and Eileen. Please arrive and leave via public transport or a car share. For more information please call 01274 822370.

Sat 9th June St. Peter's Church Crosshills Anniversary Weekend 10-11am Coffee Morning held at Crosshills Rest Centre. Cake stall, raffle. etc.

Sat 9th June 7pm Silsden Town Band Concert St Peter's Church followed by a savoury supper. Tickets £5 phone 01535 634106

Sun 10th June Anniversary service St. Peter's Church, Crosshills.

10:30am Rev Jacky Hale followed by luncheon. Tickets £5 01535 631436

Sunday 10th June Bandstand concert,

2pm Cliffe Castle Park, Keighley. This week the concert will be given by a Ukulele Group, for more information please contact the Conservation Group on 01535

Please support local trade

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667001

Monday 11th-Saturday 16th June 'Brassed Off' A musical play 7.30pm, Keighley Playhouse, 1 Devonshire Street, Keighley BD21 2BH.

Keighley Playhouse gets all brassy and for their end of season's production of emotion and intensity by the score. In a Yorkshire town the livelihood depends on the pit mine which affects the lives of everyone in the community. Tickets are available by calling the box office on 08451 267 859 during office hours. Wednesday 13th June Keighley and District Local History Society 'Gruelling

District Local History Society 'Gruelling Experiences-Workhouses' 7pm, Keighley library (enter by Albert Street door)
For more information please email andy. wade@blueyonder.co.uk

Sunday 17th June Sutton Fun Day, procession starts at 12pm then in the park. Fun Fair, Game & Craft Stalls, Donkey Rides, Dog Show, Duck Race, Hot Food, Cream Teas & Cakes Marquees, Entertainment Arena, Ducking Stool. If you would like to be part of the Procession or would like a Stall - Please contact Christine on (01535) 636639 for further details.

Sunday 17th June. Train rides for all the family. 1pm until 5pm, Marley Sports field, Keighley. Miniature passenger hauling trains, steam and electric trains providing trips for all ages. Great family afternoon out. Refreshments available. Details at www.kdmes.org.uk

Sunday 17th June Bandstand Concert,

2pm Cliffe Castle Park, Keighley. This week the concert will be given by 'The Ilkley Jolly Jivers' for more information please contact the Conservation Group on 01535 667001

Monday 18th and Tuesday 19th June 'Going for Gold'-mini Olympics for schools, Cliffe Castle Park, Keighley.For more information please call 01535 667001

Sunday 24th June-Olympic Torch BBQ-2.30pm-4pm Church Green, Keighley.
Service and Children's games on Church Green. Olympic themed service at 4pm.
For more information please call Rev Peter Mott 01535 601499

Saturday 30th June Keighley Step Up Market Challenge, Church Green, Keighley. Local schools selling goods at a market on Church Green. For more information please contact Richard Ambler 01274 432370

Saturday 30th June Craven Citizen's advice Bureau Summer Family Party fundraiser. 2-5pm, The High Hall, St Stephen's Road, Steeton, BD20 6SB You are invited to come and enjoy our Summer Family Party in this beautiful historic garden. Admission prices are £3 per adult and a £1 per child over 4.

Friday 6th July-Bradford and Airedale Cancer Support Ladies Moonlight Walk, Start of walk-9pm, staring from Nuffield health and Fitness, Cottingley New Road, Cottingley, Bingley. The entry fee for the walk is £10 person and we are asking our supporters to also raise a minimum of £50 in aid of the charity. The 10K walk will start from Nuffield Health & Fitness, Cottingley New Road, Cottingley, Bingley. Registration between 7.30pm – 8.15pm. Warm up session from 8.15pm – 8.45pm. Start of walk – approx. 9.00pm.

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Local charity Lilies of the Valley runs a drop-in centre at Number 72 Cavendish Street, Keighley, and opened it's doors in September 2009. Established by a group of individuals from different local churches, our vision is to love, serve, value and equip potentially isolated members of the community.

Our 'Loving Mums' sessions welcome mothers and their pre-school children into Number 72.

We serve homemade refreshments, the children play with good quality toys and the Mums can take some time out in a warm and safe environment.

We are a 'listening ear', and where appropriate we signpost people to other agencies in the town with whom we are connected. In addition to this we offer courses on topics such as money management; healthy eating and music and movement for children.

Our 'Practicing English' sessions for both men and women include one to one English tuition; group work and help with letter writing and form filling.

All of our sessions, refreshments and courses are completely free of charge. Sometimes it is the simple things in life that can make a difference to someone's day: a warm welcome; a cup of coffee on a comfy sofa; a listening ear or the ability to

speak enough English to make a doctors appointment - things many of us perhaps take for granted.

Donna has two young children: "I used to stay at home and felt very lonely. I lacked the confidence to go to toddler groups and because I live on a low income I struggled to find places to take the kids. Number 72 is welcoming and the people who work here really care."



Mum of one Trisha says: "meeting others here has helped my confidence as a mum grow and it gets me out of the house.

My little girl loves mixing with the other children".

Over the past three years we have seen cultural barriers crossed and lasting friendships formed. We are staffed by a dedicated team of volunteers and rely on donations; fundraising and grants to keep the centre open.

Our future aim is to expand our work to include other groups such as young mums, and to promote community cohesion throughout Keighley.

If you would like to know more about us please get in touch. Drop in and see us;

phone us on 07505 030758; visit www. liliesofthevalley.org.uk



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Alter Egos sets the scene for cooperative a



Tony Wright of Oldfield Press with Ben Barr of Alter Egos in Haworth

The gallery, which Ben plans to open 09:00 -18:00 every day, will be a mix of traditional and modern work, with plans already in place for both a contemporary art installation and a traditional printing press workshop orchestrated by Tony Wright of Oldfield Press. The electronic installation will be a piece of work around the theme of film and television by local artist and film maker Danny Hardaker of Clockwork Eye productions.

Haworth is getting its first Tattoo & Piercing studio! This month the lower shop unit on Bridge House Lane which has been empty for some time has been getting a full refurbishment before re-opening as an Arts Gallery and Tattoo & Piercing Studio.

The new proprietor, Ben James Barr has always been creative, with an interest in all mediums of the arts, especially tattooing. His vision for the building is that it will become a hub for the creative arts locally. He has good links with a number of local arts organisations including the The Artistic Off-Licence and Haworth based arts groups, and is planning to offer a unique exhibition space to local artists and bands, allowing them a low cost way of getting their work seen, heard and sold.

The Tattoo studio will be in a separate space, and there will be an in-house tattoo artist and piercer (Frankie I – Electric Art) who will be taking bookings through the week, and available for walk-ins on weekends. Alter Egos & Electric art are open to enquiries from other tattoo artists & Piercers who may be looking for some space to work.

When Ben first had the idea for his new venture he was unemployed, having tried his hand at a number of different careers. He mentioned his idea to his employment adviser, and was referred to both the Princes Trust, and to the New Enterprise Allowance programme. The NEA gives clients the opportunity to plan their business while still claiming Jobseekers allowance, and then transfer onto the







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arts in worth valley

allowance when they are ready to start trading. They then keep some benefits for the first 6 months of their business, which makes the transition from unemployment to self-employment that much easier. Clients are also required to work with a mentor for those first 6 months, to help them iron out any difficulties as they crop up, and benefit from the mentor's experience.

After some business planning workshops, Ben met with his mentor, Kickstart Enterprise coach Candy Squire-Watt, and together they looked at marketing and publicity for the new venture as well as talking over finance and projected income levels. Ben says 'The coaching and support have been invaluable and have helped ensure I've thought about potential problems before they arise, they provide a sounding board for my ideas, and now I'm really looking forward to opening the doors and getting my business off the ground!'

Ben is interested in hearing from artists in all mediums, including design, photography, film and music, who would be interested in exhibiting in the gallery. For further details please contact Ben James Barr on 07412815997 or email alteregos@hotmail.co.uk. You can also log on to facebook and look for Alter Egos & Electric Art - Haworth.

For further information about starting your own business please see www.bradfordkickstart.com tel: 08009539503 or info@bradfordkickstart.com. Kickstart is part-funded by the European Regional Development Fund

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Cobbydale Construction p3

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